

Did you know that Nathan Hale High School has a teen health center, convenient for your student's medical care? It provides students with health care and mental health counseling, regardless of a student's insurance or ability to pay. For students who need care or advice, we are always here to help with virtual options and in-person care.

Many necessary changes are being implemented across all of Kaiser Permanente. Some of these changes are temporary, with health and safety as our top priority.

### **Virtual and In-Person Care**

- Patients with essential care needs can still receive in-person care **by appointment only**.
- To serve the best interest of our members, patients, and community, we are evolving the way we deliver care. We are leading within Washington as one of the first health care organizations to deliver the majority of care virtually.
- We will continue to provide excellent care for students through our broad array of virtual care options and in-person care when needed. Allowing students to stay home and still get great care will help address the community spread of COVID-19.
- Virtual care\* gives you convenient and safe ways to get high-quality care from Kaiser Permanente without leaving home. Options include:
  - Phone appointments
  - Video visits

We can coordinate your care with community health care providers when available and appropriate.

The Nathan Hale Teen Health Center is sponsored and staffed by Kaiser Permanente in partnership with Public Health—Seattle & King County. Seattle's school-based health centers are funded in part by the voters of Seattle through the Families & Education Levy.

**Students can get great care at the Teen Health Center. To get started, please sign the enclosed registration form and return it to school.** Students must be registered, including a parent or guardian signature, to be seen for medical concerns. Your child can drop it off at the front office or the Teen Health Center.

For more information during the school year, contact the center at **206-302-1840**.

# Teen Health Center at Nathan Hale



**We are providing telephone visits, video visits and in-person care for students. By appointment only.**

**What kinds of services are offered?**

## **Primary Care**

- Sports physicals
- Vaccines
- Check ups: physical exams
- Acne and eczema
- Allergies and asthma
- Women's health care

## **Mental Health**

- Feeling blue
- Stress and depression
- Relationships problems
- Self-esteem
- Family conflict
- Peer pressure
- Healthy habits

## **Health Education**

- Growth and development
- Nutrition
- Healthy relationships
- Sexual health and education
- Tobacco and drug abuse prevention

Referrals to community resources—including health insurance, drug and alcohol treatment, mental health care and chronic illness care are also available.

## **Our Staff**

Kathleen Lange - Nurse Practitioner  
Allison Dennin - Mental Health Counselor  
Linda Quimby – Program Coordinator

**Phone: 206-302-1840**

**\*Services are free to students**

## **Who can be seen at the Teen Health Center?**

At the Interagency Teen Health Center, students may be seen by appointment with consent from their parent or guardian, during school hours or after school. Teens of any age may be seen for confidential reproductive health care services (birth control, exams). Mental health services are available without parent or guardian consent for teens age 13 and over [Reproductive Privacy Act, RCW (9.02)].

The Nathan Hale Teen Health Center is sponsored by Kaiser Permanente in partnership with Public Health—Seattle and King County. School-based health centers are provided in part by the voters of Seattle through the Families and Education Levy.

## School-Based Health Centers Consent for Health Services

School-Based Health Centers located in Seattle Public Schools must have a signed consent from a parent or legal guardian before providing services to youth, except in situations where federal and/or state laws allow youth to access such treatment without parent/guardian consent. Youth may independently access reproductive health care at any age; they may independently receive drug and alcohol services and mental health counseling from age thirteen. If necessary, the Centers will inform youth of options for outside care and will assist the youth in discussing these issues with parents/guardians. If the youth is enrolled in school but is not enrolled in a School-Based Health Center, he/she can continue to receive school nurse services.

I hereby request and authorize that:

Print Youth's Name: \_\_\_\_\_  
                                    First Name                      Middle Initial                      Last Name                      Birthdate

receive any and all health care services available from and deemed necessary by the staff of the SBHC. These services may include, but are not limited to, such procedures as well-teen care, evaluation and treatment of acute illness and injuries, immunizations, blood studies, photographs and X-rays. Consent is also given for referral of care and if needed, emergency transportation, to other physicians, health care professionals, hospitals, clinics, or health care agencies as deemed necessary by the Center and its staff. This authorization does not allow services to be rendered without the youth's consent, unless she/he is unable to consent.

When consent is provided for care, all information is kept confidential except in the following circumstances:

1. The client gives permission through a signed release of information.
2. If he/she indicates risk of imminent harm to self or others.
3. He/she has a life threatening health problem and is under 18 years old.
4. There is reason to suspect abuse or neglect.
5. Certain communicable diseases must be reported to public health authorities.
6. Certain non-protected information such as yearly physicals and immunizations and general information regarding the healthcare you receive at the School-Based Clinic may be included in your medical record and/or shared with your primary care provider. No confidential information will be shared without the students consent.

I understand the youth's consent is legally required for release of information about the following kinds of diagnoses and treatment: pregnancy, sexually transmitted diseases (including HIV/AIDS testing), and alcohol and drug or mental health counseling.

The School-Based Health Center encourages each youth to involve his/her parents or guardians in health care decisions whenever possible.

Consent for services is authorized for the length of time the youth is enrolled in a school with a SBHC. I may choose to withdraw the consent at any time by writing to the Center that serves the youth.

Youth Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Name/Relationship of Legally Responsible Guardian (Print): \_\_\_\_\_

Parent/Guardian Address: \_\_\_\_\_

**Parent/Guardian Email Address:** \_\_\_\_\_

Telephone: (\_\_\_\_\_) \_\_\_\_\_ Work Telephone: (\_\_\_\_\_) \_\_\_\_\_

# School-Based Health Center Registration Form

Please help us serve you better and comply with our reporting requirements by providing the following **confidential** information.

Student's Name: \_\_\_\_\_  
Last First Middle Preferred

Female  Male  Trans\*/Gender Non-Conforming

Student's School ID: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Social Security #: \_\_\_\_\_  
(optional)

Student's Address: \_\_\_\_\_ Student's Cell: \_\_\_\_\_  
Street City State Zip

Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_

Is the student Spanish/Hispanic/Latino?  Yes  No

Which of the following best describes the student's race? (Check One)

African American/African Native  American Indian/Alaskan Native  Asian  
 Pacific Islander  White  Multi-Racial

## Supplemental Information

Who referred the student to the clinic?: \_\_\_\_\_ Student's Grade?: \_\_\_\_\_

**Does the student have a doctor?**  Yes  No

If yes, please provide name and phone number \_\_\_\_\_

Does the student have permanent place to live?  Yes  No

What is the student's preferred language: \_\_\_\_\_ Family Language: \_\_\_\_\_

Is the student eligible for the Free or Reduced Lunch Program?  Yes  No  Don't Know

List activities in which the student is involved: \_\_\_\_\_

## Medical / Mental Health History

Does the student have any medical problems or mental health concerns? \_\_\_\_\_

Does the student need medications on a regular basis? \_\_\_\_\_ What? \_\_\_\_\_

Has the student ever had any surgery, serious illness, or injury? \_\_\_\_\_

Does the student have allergies to any medications? \_\_\_\_\_

Has anyone in the student's family had the following (Check all that apply)

asthma  diabetes  heart problems/stroke  mental health problems  alcohol or chemical use  
 cancer  seizures  high blood pressure  high cholesterol  died before age 50

## Insurance Information

You can support the Health Center by providing your insurance or Medicaid information. **Completion of the information below is required so that we can bill your insurance company, if applicable. No one will be denied services due to inability to provide this information.**

Is the student insured?  Yes  No Insurance  Don't Know

Plan Type:  Medicaid/Healthy Options  Basic Health Plan  Private/Commercial  Group Health

Insurance Company: \_\_\_\_\_ Plan Name: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_ Policy Holder's Social Security #: \_\_\_\_\_  
(optional)

Group Number or Medicaid Number: \_\_\_\_\_

**Consent to Release Information to Insurance Carrier: I certify the information supplied above is accurate. I authorize release of medical and related information to my health insurance company or other third party payor for the purpose of obtaining payment for services rendered. Policies are in place to assure privacy is maintained related to confidential services.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Relationship to Student: \_\_\_\_\_



# Community Based Organization Parent/Guardian Consent Form 2020-2021 Approval

Public Health – Seattle & King  
County  
School-Based Partnerships Program  
401 5<sup>th</sup> Ave #1000  
Seattle, WA 98104  
206.263.8350

Nathan Hale Teen Health Center  
Kaiser Permanente  
10750 30<sup>th</sup> AVE NE  
Seattle, WA 98125  
206.302.1840

## Consent to Release of Education Records Under the Family Education Rights and Privacy Act (FERPA)

I consent to the release of my child’s education records from the Seattle School District to the above listed agencies.  
I understand that education records include, but are not limited to:

1. Student name, DOB and contact information
2. Student Demographics: including Special Education status and 504 Status and race/ethnicity
3. Attendance History
4. Discipline History
5. Coursework and grades History
6. Test Scores History
7. Enrollment History
8. Assignment Grades
9. Upcoming & Missed Assignments

This release includes permission for agency staff to access my child’s academic records using an automated data feed through Seattle Public Schools.

I understand that the purpose of sharing these records with the above-mentioned entities is to keep my child’s school-based health center medical and/or mental health provider informed of his/her academic program and progress. In collaboration with Public Health - Seattle & King County, Kaiser Permanente staff will work with my child and/or his/her school in an effort to improve my child’s success at school. I acknowledge that I may revoke this consent by sending a written notification to the Seattle School District’s School & Community Partnership Department, MS: 33-160 P.O. Box 34165 Seattle, WA 98124.

This Release of Information will make the above-listed educational records, which includes historical student data, available to agency staff from the date of consenting signature until December 31, 2021. I consent to Seattle School District releasing information to the above listed agencies (please print clearly):

**Parent/Guardian Signature (if youth is 17 or younger):** \_\_\_\_\_

**Parent/Guardian Printed Name:** \_\_\_\_\_

*Student’s Signature (if youth is 18 or older):* \_\_\_\_\_

**Today’s Date:** \_\_\_\_\_

\_\_\_\_\_  
**PRINT Student’s Name** (First and Last name)

\_\_\_\_\_  
**Student Date of Birth**

\_\_\_\_\_  
**\*\*Student School District ID #**

\_\_\_\_\_  
Nathan Hale High School

\_\_\_\_\_  
Student’s School

*\*\*Student ID # can be found on student ASB card, report card, official school mailing, or by contacting your student’s school*