

# What to do if your student has a symptom(s) of COVID-19 AND Has Not Had Close Contact with Someone with COVID

For the following symptoms:

Fever >100.4°F or chills

Muscle or body aches

Difficulty breathing or shortness of breath

New loss of taste or smell

Cough (new, changed, or worsening)

For the following symptoms:

Headache

Sore throat

Nausea or vomiting

Fatigue

Diarrhea

Congestion or runny nose

**Step 1:**  
Keep your student home from school, notify your school and get your student tested for COVID-19

**Step 1:**  
Keep your student home from school and notify your school

When can my student return to school?

Does your student have only ONE symptom present?

Has a Negative COVID-19 Test Result OR Received an alternative named diagnosis from a health care provider PLUS a negative test

Has a Positive COVID-19 Test Result; Do not receive alternative named diagnosis from health care provider OR Do not get tested

NO

YES

Did the symptom resolve within 24 hours OR is the symptom consistent with a diagnosed chronic illness?

NO

YES

Can return to school after:

- 24 Hours after fever has resolved (without medication)
- AND
- Symptoms have significantly improved.

Can return to school after:

- 10 days have passed since symptoms first appeared
- IF
- No fever within the past 24 hours (without medication)
- AND
- Symptoms have significantly improved

**How will student learning be supported?**  
Your student's teacher will post instructional plans on Schoology and SeeSaw each week to support learning while your student is required to quarantine. If you have questions about your child's learning, please communicate directly with your student's teachers.  
Learn more: <https://www.seattleschools.org/news/positive-covid-19-response/>

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